

# PURGE YOUR HOME

## Checklist

"WILL I BE UPSET WHEN I HAVE TO UNPACK THIS ITEM?"



If the answer is "YES" to either of these questions:



"WILL I BE LESS THAN EXCITED TO PLACE THIS ITEM IN MY NEW HOME?"

**PURGE IT!**

### BEDROOMS

- Clothes that don't fit
- Least favorite pair of shoes
- Worn out shoes
- Clothes you don't wear
- Excess speciality hangers
- Anything dingy/damaged
- Socks/earrings without their mate
- Accessories you don't wear
- Stuffed animals

### KITCHEN

- One-use kitchen gadgets
- Duplicates of tools
- Damaged dishes/utensils
- Old spices
- Mismatched containers
- Food you won't eat
- Cookbooks you don't use
- Cleaning products you don't love
- Takeout menus
- Excess cups/dishes/utensils
- Old jars/vases

### OFFICE

- Abandoned hobbies
- Uncompleted projects
- Odds and ends of craft supplies
- Promotional products
- Paper (junk mail, old bills, etc)
- Rubber bands
- Paper weights
- Extra headphones
- Old chargers/cords
- Pens/stationary you don't like
- Old bills

### LIVING ROOM

- Any decorations you don't LOVE
- Movies you won't watch again
- Paper (junk mail, magazines, etc.)
- Used up Candles/Room Diffusers
- Toys your pets don't like
- Overgrown Collections (Knickknacks)

### BATHROOM

- Old/expired shampoo/lotion/makeup
- Testers/samples
- Makeup/soaps/lotions you don't love
- Anything that is almost empty
- Old towels

### GARAGE/STORAGE

- Broken power tools
- Duplicate tools
- Unused sports equipment
- Dated large toys/baby gear
- Anything that is almost empty
- Gag gifts
- Excess/damaged seasonal decor
- Unused decor/picture frames
- Old books
- Greeting Cards

### AND REMEMBER

"Purging" doesn't mean simply "throw it away", this could mean donating or selling items as well